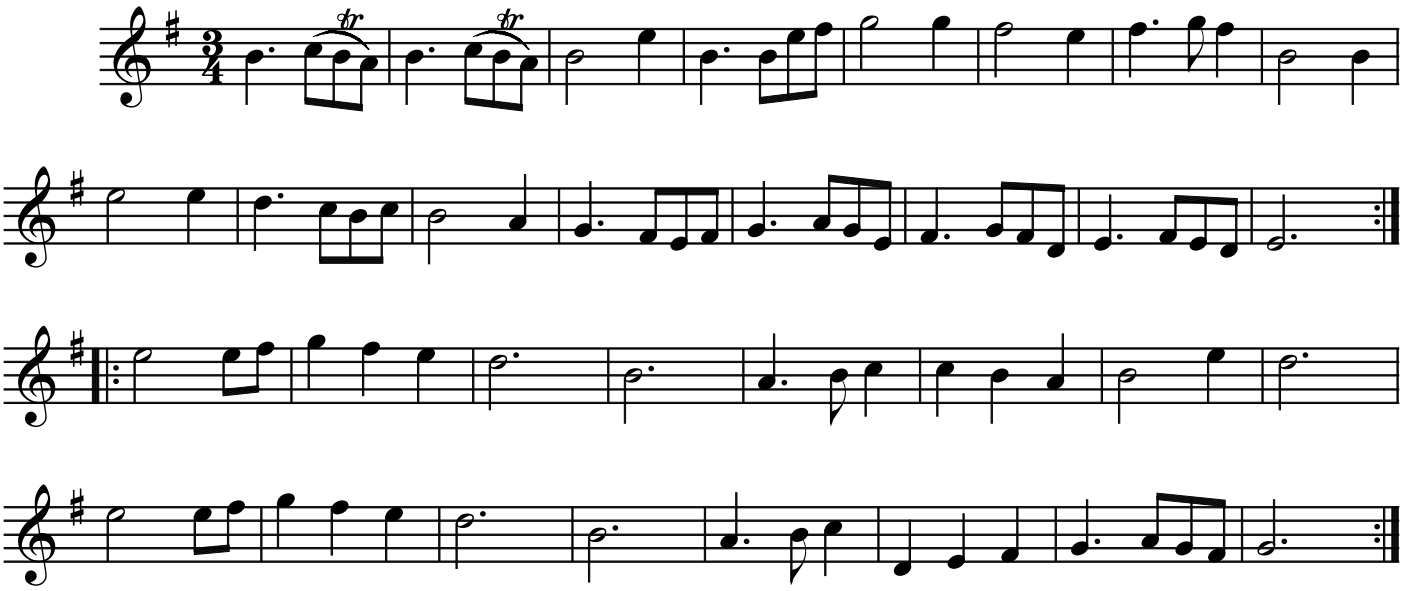Godnattvalsen