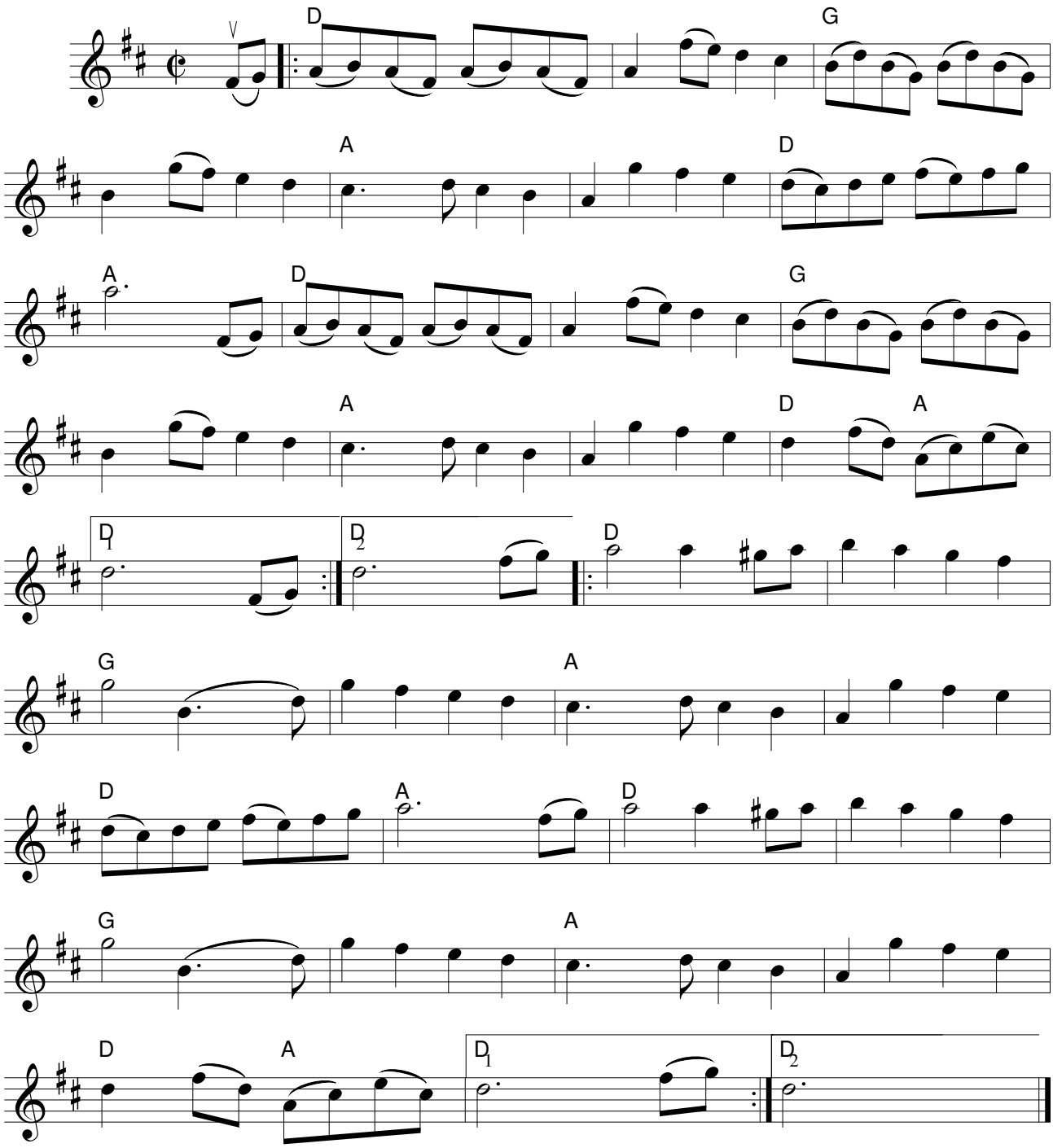Gärdeby gånglåt